

# 24-Hour Help/Crisis Lines

## Emergency Resources in Colorado Counties and Regions:

Adams County 303-853-3500  
Arapahoe County 303-617-2300  
Boulder County 303-447-1665  
Denver County 303-436-4100  
Eastern Colorado 970-522-4392  
Fort Collins 970-635-596-5433  
Jefferson County 303-425-0300  
Larimer County 970-498-7610 or 221-2114  
Suicide Resource Center of Larimer County 970-635-9301  
Littleton-LIS'N 303-860-1200 or 303-894-9000  
Midwestern Colorado 970-249-9694  
Moffat County Visiting Nurses Association/S.A.F.E. 970-824-8233  
Pikes Peak Region 719-635-7000  
Pueblo County 719-545-2746  
Pueblo Suicide Prevention Center Teen Hotline 719-564-5566  
Route County Suicide Crisis Intervention Line 970-879-1632  
San Luis Valley Region 719-589-3671  
Southeast Colorado 1-800-511-5466  
Southwest Colorado 970-247-5245  
Weld County 970-353-3686 or 970-506-2737  
Western Colorado 970-945-2241

American Red Cross—Mile High Chapter (includes Arapahoe/Douglas and Aurora Branches)  
444 Sherman St.  
Denver, CO 80203  
303-722-7474  
[www.denver-redcross.org](http://www.denver-redcross.org)

Boys Town National Hotline (helps parents in crisis with their children and provides referrals.  
800-448-3000

Cedar Springs Behavioral Health System, Inc. (Inpatient Acute Care; ages 4+; average stay 4 days)  
2135 Southgate Rd.  
Colorado Springs, CO 80906  
719-633-4114 (24-hour)  
1-800-888-1088 (24-hour)  
1-800-848-9090

Champa House (Denver Rescue Mission)  
2544 Champa Street

Denver, CO 80205  
303-294-9961

Colorado Anti-Bullying Project  
1-866-NO-BULLY  
1-866-662-8559

Colorado Helpline (Suicide prevention, crisis intervention, depression management)  
1-800-273-TALK

Colorado School Safety Hotline (To report threats [to students, teachers, staff, or facility], violence, theft—any crime at school. CSSH takes the info and shares it with the school, school district, and local law enforcement.)  
1-877-542-7233 (24-hour)

Comitis (crisis hotline, emergency housing, education)  
Mailing address: P.O. Box 913  
Address: 9840 E. 17th Ave.  
Aurora, CO 80040  
303-341-9160  
Fax: 303-341-0623  
Business phone: 303-341-9160  
24-hour crisis line: 303-343-9890

Denver Rescue Mission  
P.O. Box 5206  
Denver, CO 80217  
303-297-1815

## Departments of Human Services (child abuse/neglect reports):

Adams County: 303-412-5212  
Arapahoe County: 303-795-4825  
Denver County: 720-944-3000  
Douglas County: 303-688-4825  
Elbert County: 719-541-2369, 911 after hours  
Lincoln County: 719-743-2444

Emergency Psychological Services  
1333 Iris Avenue  
Boulder, CO 80304  
303-443-8500  
Fax: 303-449-6029  
24-hour crisis line: 303-447-1665

Girls and Boys Town, USA (for at-risk girls and boys)  
24-hour crisis line: 1-800-448-3000

Greyhound Bus Home Free Program (Free bus fare for runaways voluntarily returning home; youth must turn self in to law enforcement as a runaway; law enforcement must ensure that youth boards the appropriate bus.)  
1-800-231-2222

Health 1 Parenting Line (24-hour line answered by registered nurses in 6 Denver area hospitals to respond to inquiries about medical advice, parenting advice, finding a doctor-- resources for police, human services, mental health, addictions)  
1-877-432-5846

Health Promotion and Disease Prevention Division  
Colorado Dept. of Public Health and Environment  
4300 Cherry Drive S. HPDP-A2  
Denver, CO 80246-1530  
Director, Office of Suicide Prevention  
303-692-2560 Fax: 303-692-7720

Heartbeat (support group for adults who have lost a loved one through suicide; no fee, donations appreciated)  
Boulder Chapter: 303-444-3496  
S. Metro Denver Chapter: 303-794-3564  
Colorado Springs Chapter: 719-596-2575

Jefferson Center for Mental Health  
4851 Independence Street.  
Wheatridge, CO 80033  
Business and crisis phone (24-hours): 303-425-0300

Littleton Community Task Force Youth Hotline (24-hour help, shelters, non-emergency help, parenting, school information)  
1-877-608-4673

Mile High United Way  
2505 18th Street  
Denver, CO 80211  
Help line: 303-433-8900  
[www.unitedwaydenver.org](http://www.unitedwaydenver.org)

The National Crisis Helpline  
1-800-784-2433

The National "Youth" Crisis Helpline  
1-800-999-9999

National Runaway Switchboard  
3080 N. Lincoln Avenue  
Chicago, IL 60657  
773-880-9860  
Fax: 773-929-5150  
[info@nrscrisisline.org](mailto:info@nrscrisisline.org)  
24-hour: 1-800-621-4000  
TDD (for hearing impaired): 1-800-621-0394

Open Door Youth Gang Alternative ("Prevention, crisis intervention, and mediation are used to curb gang violence and cool tense situations.")  
1615 California Street, #712  
Denver, CO 80202  
303-893-4264  
Fax: 303-893-4208  
[rev1953@aol.com](mailto:rev1953@aol.com)

Pikes Peak Mental Health Center  
875 W. Moreno Avenue  
Colorado Springs, CO 80905-1795  
Business phone: 719-572-6100  
Intake: 719-572-6330  
24-hour crisis phone: 719-635-7000

Project Safe Place  
303-831-7802

Pueblo Suicide Prevention Center, Inc.  
1925 E. Orman, Suite G-25  
Pueblo, CO 81004  
Business phone: 719-564-6642  
24-hour crisis phones: 719-564-5566 (teen connection 5pm-10pm M-F) 719-544-1133

Rape Assistance and Awareness Program & Rape Crisis Hotline  
P.O. Box 18951  
Denver, CO 80218-0951  
Business line: 303-329-9922  
24-hour hotline: 303-322-7273  
Español: 303-329-0031  
TDD (hearing impaired): 303-329-0023

Rocky Mountain Poison and Drug  
Consultation Foundation Center (medication  
usage and information, poison information)  
101 Yosemite St., #200  
Denver, CO 80230  
Questions, information about medication  
usage: 303-893-3784  
24-hour poison: 303-739-1123

Safehouse (domestic violence and abusive  
behavior, clothing, emergency housing)  
Outreach services:  
1111 Osage St., Suite 230  
Denver, CO 80204  
Administration: 303-892-8400  
Fax: 303-892-8912  
24-hour crisis line: 303-892-8900

Shaka Franklin Foundation for Youth  
(Suicide Prevention)  
303-337-2515

Suicide Education and Support Service of  
Weld County  
3700 Golden Street  
Greeley, CO 80620-2724  
Business phone: 970-506-2737

North Range Behavioral Health  
970-506-2737  
Crisis pager: 970-396-6193  
24-hour hotline: 970-353-3686

Suicide Helpline  
1-800-273-TALK

Suicide Prevention Coalition of Colorado  
303-377-3040 x41

Suicide Prevention Partnership  
3595 E. Fountain Blvd., Ste. J1  
Colorado Springs, CO 80910  
Business phone: 719-573-7447  
24-hour crisis phone: 719-596-5433

Trevor Helpline (suicide prevention for  
gay/lesbian/bisexual/transgender youth)  
24-hours: 1-800-850-8078

**ULifeline** Provides suicide prevention and  
education information including on-line,  
informal assessments. Provides a list of

resources for those struggling with suicidal  
ideation.

Urban Peak (shelter and education for  
homeless teens ages 20 and under)  
1630 S. Acoma  
Denver, CO 80223  
303-777-9198  
303-863-PEAK (7325)  
303-863-7511  
[www.urbanpeak.org](http://www.urbanpeak.org)

Women's Crisis Center: Violence Prevention  
Institute (emergency housing & counseling)  
PO Box 367  
Castle Rock, CO 80104  
Admin: 303-688-1094  
Crisis Line: 303-688-8484  
Fax: 303-660-8889

Yellow Ribbon Suicide Prevention Program  
P.O. Box 644  
Westminster, CO 80036-0644  
303-429-3530  
Fax: 303-426-4496  
[www.yellowribbon.org](http://www.yellowribbon.org)  
[ask4help@yellowribbon.org](mailto:ask4help@yellowribbon.org)  
Crisis line: 1-800-273-TALK